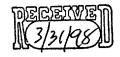
# NOTIFICATION PURSUANT TO SECTION 6 OF DSHEA



In compliance with Section 6 of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of **Metaform** ™ **Megabolan 20 packs Product #52471** bearing the statements set out below:

Weider Nutrition International., Inc. 2002 South 5070 West 98 APR 14 P2 :22 Salt Lake City, Utah 84104

The text of the structure-function claims for Hydroxymethylbutyrate (HMB); L-Glutamine; N-Acetyl-L-Cysteine; Acetyl-L-Carnitine; Phosphate; Multiple Vitamin/Mineral is as follows:

(Statement 1)	Anti-catabolic and Recovery Megapacks
(Statement 2)	The all new <b>MEGABOLAN</b> <sup>TM</sup> is a promoter of muscle anabolism that contains clinically tested biomolecules designed to support cell volume and exercise <b>recovery</b> . This unique formula has been designed to enhance a properly structured exercise and nutrition program.
(Statement 3)	HMB has been clinically shown to decrease the rate of muscle protein breakdown. Each daily serving contains 3g of HMB, the same amount used in <b>climical</b> studies.
(Statement 4)	NAC supplementation has been shown to reduce muscle fatigue and improve antioxidant status.
(Statement 5)	Carnitine combined with vitamins and minerals improved problem-solving ability. Acetyl-L-carnitine has affinity for the brain as a choline-like neurotransmitter.
(Statement 6)	Full spectrum vitamins and minerals, including magnesium, which is involved in energy production, protein <b>systhesis</b> and ATP stabilization in muscle.
I, Luke R. Bucci, Ph. D., CCN, CNS, Vice President of Research at Weider Nutrition International., Inc. am authorized to certify this Notification of behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Weider Nutrition	

International, Inc. has substantiation that each statement is truthful and not misleading.

DATED this 25th day of March, 1998.

BY:

DR. LUKE R. BUCCI
Vice President of Research

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# STRUCTURE / FUNCTION CLAIMS

NUTRIENT: Hydroxymethylbuty rate (HMB); L-Glutamine; Taurine; N-Acetyl-L-Cysteine; Acetyl-L-Carnitine; Phosphate; Multiple Vitamin/Mineral

DATE: February 25, 1998 BY: Luke R. Bucci, PhD

Document Name: sfOl anab.wpd

BRAND, CODE # & PRODUCT NAME(S): Metaform 52471 Megabolan 'M 20 packs

NUTRIENT AMOUNT: 3000 mg calcium HMB; 2000 mg L-Glutamine; 1000 mg Taurine;

200 mg N-Acetyl-L-Cysteine; 25 mg Acetyl-L-Carnitine; 100% RDI

vitamins & minerals; 1000 mg phosphorus as phosphate

### STRUCTURE/FUNCTION CLAIM:

Box:

#### ANTI-CATABOLIC AND RECOVERY MEGAPACKS

The all new MEGABOLAN<sup>™</sup> is a promoter of muscle anabolism that contains clinically tested biomolecules designed to support cell volume and exercise recovery. This unique formula has been designed to enhance a properly structured exercise and nutrition program.

- HMB has been clinically shown to decrease the rate of muscl eprotein breakdown. Each daily serving contains 3g of HMB, the same amount used in clinical studies.
- Glutamine and taurine are the major amino acids in muscle amino acid pools. Intense exercise may depress valuable muscle and plasma glutamine levels.
- NAC supplementation has been shown to reduce muscle fatigue and improve antioxidant status.
- Carnitine combined with vitamins and minerals improved problem solving ability. Acetyl-L-carnitine has affinity for the brain as a choline-like neurotransmitter.
- Full spectrum vitamins an dminerals, including magnesium, which is involved in energy production, protein synthesis and ATP stabilization in muscle.

### Hang Tag:

- THE ULTIMATE ANTI-CATABOLIC AND RECOVERY FORMULA
- Anti-Catabolic recovery formula
- Pro-anabolic formula
- Athletes who want to enhance strength

K Buen 3/1/98

- Athletes who want to build strength
- HMB has been clinically shown to decrease the rate of muscle protein breakdown

Approved by/ Date

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